

March 13, 2020

**COVID-19 School Closure: Parent Resources and Special Education/Section 504
Prior Written Notice**

Good Evening,

As communicated, our highest priority remains the health, safety and well-being of our district community. We understand that the disruption in familiar routine resulting from school closure, as well as coverage and health concerns related to COVID, have the potential to contribute to children and families feeling anxious. It is important to remember that children look to adults for guidance on how to react to stressful events. Modeling healthy coping strategies, maintaining a comfortable environment and reassuring your children by talking about any concerns and sharing appropriate facts will help them to feel secure. If necessary, the following resources are available to access.

- [Parent Guide to Talking to Children about COVID-19 Fears](#)
- [Mental Health and Coping During COVID-19](#)
- [Resources for Home](#)
- [California Peer-Run Warm Line](#), toll-free service and operates 24/7 and can be reached at 1-855-845-7415
- San Diego Access and Crisis Line: 888-724-7240
- Behavioral Health Emergency Contact Police/Psychiatric Emergency Response Team (PERT) 911

In addition, please find this important notification regarding students who are served through an Individualized Education or Section 504 plan.

- [District Letter to Parents Regarding Section 504 and Special Education Services During COVID-19 School Closure](#)

We hope that you take good care of yourselves and your families during this time. We encourage you to please continue to follow the [district webpage](#) for the most updated information.

Thank you,
Mark G. Miller
Deputy Superintendent